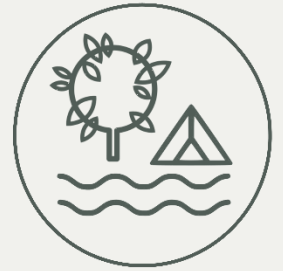


Daily Routine

Our Camp Leader and Camp Counselors will guide your camper through the following routine each day of camp. Please be mindful that following the lead of the children is an important part of our work. As inquiries emerge, allotted time for activities may be lengthened or shortened as needed. This schedule is intended to provide a general guideline for the day.



Schedule	Activities
8:00 – 8:30am	Drop off & Unstructured Play
8:30 – 9:00am	Morning Snack
9:00 – 10:00am	Mindfulness Practices (Yoga classes on Mondays with Slinky Kids Yoga!)
10:00 – 11:00am	Creative Expression (Arts & Crafts Activities)
11:00am – 12:00pm	Hands On Nature! (Engaging experiences in nature within the Saxapahaw community)
12:00 – 12:30pm	Lunch
12:30 – 1:30pm	STEAM Time! (Integrating Science, Technology, Engineering, Art & Math in our Outdoor Adventures)
1:30 – 2:00pm	Gross Motor Games (Structured whole and small group games that get our bodies moving!)
2:00 – 2:30pm	Afternoon Snack
2:30 – 3:00pm	Pick Up & Unstructured Play

The Camp Leader must be notified in advance for early pickups before 2:30pm.